

WEEK 5

WEEK AT A GLANCE

\* = House Selections

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Noon</b>	<b>B</b> Mesclum Salad Baked Ham <b>B</b> Farfalle With Chicken & Butternut Squash Crab Cakes <b>B</b> Sweet Potato <b>B</b> Vegetable Medley <b>B</b> Creamed Spinach New York Cheese Cake	<b>B</b> Split Pea Soup <b>B</b> Chicken Apple Almond Salad Eggplant Parmesan Sandwich <b>B</b> Summer Squash <b>B</b> Peach Crisp	<b>B</b> Butternut Squash Soup Ham Sandwich <b>B</b> Southern Turkey Pot Pie <b>B</b> Collard Greens Pecan Pie	Manhattan Clam Chowder <b>B</b> <b>B</b> Chicken Fajita Salad <b>B</b> Linguine With Clam Sauce <b>B</b> Snow Pea Pods Peanut Butter Cookies <b>B</b>	<b>B</b> Lentil Soup New Yorker Sandwich Chicken with Soft Tacos Corn Flan	<b>B</b> Clam Chowder Chef Salad Grilled Cheese Sandwich Glazed Carrots <b>B</b> Apple Fruit Crisp	Beef Noodle Soup <b>B</b> Turkey Salad With Pita Sloppy Joe Sandwich French Green Beans Banana Cake
	<b>Dinner</b>	<b>B</b> Tomato Basil Soup Hearty Beefeater's Wrap <b>B</b> Brunswick Stew	<b>B</b> Waldorf Salad <b>B</b> Salisbury Steak <b>B</b> Oven Fried Cod BBQ Chicken Quarters Chef's Omelet Shrimp, Pepper & Onion Whipped Red Potatoes <b>B</b> Sliced Carrots <b>B</b> Broccoli Florets Chocolate Cream Pie	<b>B</b> Carrot Raisin Salad <b>B</b> Grilled Pork Chops Teriyaki Chicken Breast <b>B</b> Braised Beef Tips Chef's Omelet Bacon & Onion <b>B</b> Rice <b>B</b> Asparagus Cuts <b>B</b> Braised Red Cabbage Lemon Meringue Pie	<b>B</b> Pears in Lime Jell-O <b>B</b> Yankee Pot Roast Spinach Lasagna Lemon Roasted Salmon Chef's Omelet Spanish Omelet Lyonnaise Potatoes Orange Glazed Beets <b>B</b> Cantonese Stir-Fry Lemon Layer Cake	<b>B</b> Mixed Greens <b>B</b> Roast Turkey <b>B</b> Hungarian Goulash Orange Glazed Pork Loin <b>B</b> Chef's Omelet Spinach & Cheese Parsley Noodles <b>B</b> Scandinavian Vegetables Cauliflower With Cheese Sauce Pumpkin Pie	Creamy Cole Slaw <b>B</b> Catch of the Day <b>B</b> Lemon Pepper Chicken Braised Lamb Shanks Chef's Omelet Ham & Tomato Potato Parsnip <b>B</b> Yellow Squash Provencal Roast Tomatoes <b>B</b> Chocolate Mousse Cake
		Macadamia Cookies					

**B** Entrees have less than 15 gm fat/100mg cholesterol/1000 mg sodium  
**B** Entrees have less than 15 gm fat/100 mg cholesterol/600 mg sodium  
 Denotes Vegetarian Selection